

Government of Maharashtra



Government College of Arts & Science, Aurangabad (M.S)

(Established in 1923)

(Kile Ark, Near Subhedari Guest House, Aurangabad)

Email ID: gasca1923@gmail.com

Phone/Fax: 0240-
2331476

Website: www.gasca.ac.in

20/03/2022

NSS organized lecture of Dr.Mrs.R.M.Birajdar on 'Stri-Purush Samanata' at Golwadi adopted village of NSS camp.She explained the journey of Woman struggle.She discussed Jijamata's role in Shivaji' maharaj's personality development.Also she focused Savitribai Phule's educational work.




PRINCIPAL
Govt. College of Arts & Science
Aurangabad



CERTIFICATE

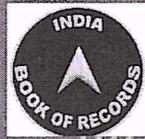


**Shri Kumarswami Mahavidyalaya,
Ausa, Dist. Latur, MS, INDIA**

This is to certify that, DR.PANKAJA MADHAV WAGHMARE, Professor and Head, Department of Sanskrit, Government College of Arts and Science Aurangabad, Maharashtra (India), invited as Keynote Speaker to deliver an informative talk on topic, **Social Status Of Women In Kautilya's Era,** in our International/ National Level Webinar Series of women resource persons, as a part of women empowerment & women dignity. This Webinar series created 3 unique record titles:

- 1) Asia Book of Records (ABR)
- 2) India book of Records (IBR)
- 3) International Book of Records (IBR)

Heartily congratulations & thanks to you as Resource Person, being a part of the International /National level record webinar series.



Dr. BETKAR M. M.
Principal & Chief Organizer

2021

ACTIVITY REPORT (For IQAC)

07/03/2021

1) Title of Activity- **Gender Matters: Women, Administration & Media**

2) Nature of Activity- **Open dialogue**

C) Extracurricular

3) Name of the Department/Committee- **Career Guidance and Student Counseling Committee**

4) Activity coordinator/In charge- Dr.V.L.Deshmukh

5) Objectives of Activity-

1. Gender sensitization among students and participants
2. To achieve equality across gender.
- 3.

6. Is the activity planned at the beginning of the session? Yes

C. If yes, is it mentioned in the departmental calendar of current academic year?

Yes

7. **Brief description about activity Conducted-** The activity was planned and introduced to achieve the broader goals. This type of activities are the “small step at a time” to achieve such a type of larger societal objectives. By discussing in a friendly manner, we were just performing as a “nudge effect”, let them explore this rather vast & multidimensional issue.

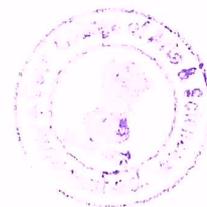
8. **Resources used for activity (Economic/non economic)-** Yes. Internet.

9. **Output of the activity-** 40 students participated and committee has successfully achieved its objectives, though, in a limited sense. (after analyzing feedbacks)

10. **Feedback-** Collected.

11. **Total no. of students participated-** 40

12. **Total no. of girls' students participated-** 22



13. Total No. of females involved in the organization of activity - 02

14. Problems encountered- No.

(Pl submit list of students, photographs, letters related with activity (if any) in soft and hard copy while submission)

Pl maintain record of activity reflecting it in minutes of dept. meetings, action plan of the department, dept. calendar and action taken report)



Dr.V.L.Deshmukh

Name & Signature

Activity Coordinator

for


R.R.Madkar

Name & Signature

HOD/ In charge of the committee




PRINCIPAL
Govt. College of Arts & Science,
Aurangabad

IQAC
Activity Report
Academic Year 2021-22
Department of Psychology

- 1) **Title of the activity: - Mental Health Awareness Programme**

- 2) **Nature of Activity:** Co-curricular
 - a) Curricular
 - b) Co-curricular
 - c) Extracurricular (Sports/cultural/Elocution/youth festival/NCC/NSS/Earn and learn etc)

- 3) **Name of the Department/Committee:** Department of Psychology

- 4) **Activity Co-ordinator / Incharge-** Dr. Shailesh Shantinath Bansode

Convenor: Dr. Parmeshwar Abhiman Puri
Organizing Committee: Dr. Santosh Vasant Sawadekar
Dr. Ramprasad Shivajirao Kale

- 5) **Objectives of Activity:** To increase the mental health awareness among undergraduate students of the college on the occasion of world mental health day.

- 6) **Is the planned at the beginning of the session?** Yes

If yes, is it mentioned in the Departmental Calendar of academic year? Yes

- 7) **Brief description about activity conducted:**



It is giving immense pleasure to us to submit this report of the lecture and social awareness programme on "Mental Health Awareness" specifically relating Narcotic Drugs and Smuggling organized jointly by the department of psychology and Civil Hospital, Aurangabad (Under Prerana Foundation). As per the Principal's suggestions members of the department of psychology have decided to organize a lecture and social awareness programme on "Mental Health Awareness". This lecture and social awareness programme was organized without any financial assistance from the college or any other agency, and was fully self-funded. Undergraduate, P.G. & Research students were selected as a target group of participants. This programme was free for all participants. The Programme has got huge response of the participants. Under graduate, post graduate & research students as well as research guides, teaching staff from various faculties were included in the participants.

On the 13th of August 2021 the programme was inaugurated by Hon. Principal Dr. R. H. Satpute. Introductory speech was delivered by Dr. Parmeshwar Puri and the Audio-visual lecture was delivered very impressively, effectively & successfully by Dr. Amit Tak and Dr. Mahesh Markad, Dr. Amol Kakad, Dr. Javed Kureshi, Precedential speech was delivered by Hon. Dr. R.H. Satpute sir, and Thanking Speech was delivered by Dr. Shailesh Bansode. Anchoring was conducted by Dr. Santosh Sawadekar.

Dr. Shailesh Bansode, Dr. Parmeshwar Puri, Dr. Santosh Sawadekar, Dr. R. S. Kale, handled the responsibilities of various aspects of programme very systematically. Students of the department voluntarily shared different responsibilities to make it successful.

8) Resources used for activity (Economic/Non-economic):- Smart Board. Poster for presentation.

9. Output of the activity: Students who have attended the programme are come to known about the various issues of mental health and specifically regarding Narcotic drugs and smuggling.

10. Feedback: Attached

11. Total number of students participated: Twenty five students and fifteen faculties.

12. Total Number of girls student participated: Fifteen Girl student.



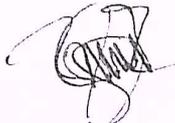
13. Total number of females involved in the organization of activity: five.

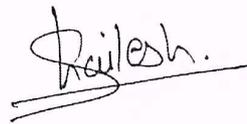
14. Problems encountered: Nil

Copies submitted with activity report:

- 1) Invitation Card
- 2) List of Registered participants/ attendance sheet
- 3) Activity photographs
- 4) Letters related with activity (Invitation and Thanking letters)

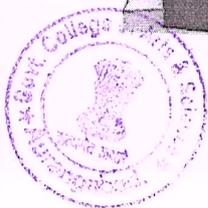
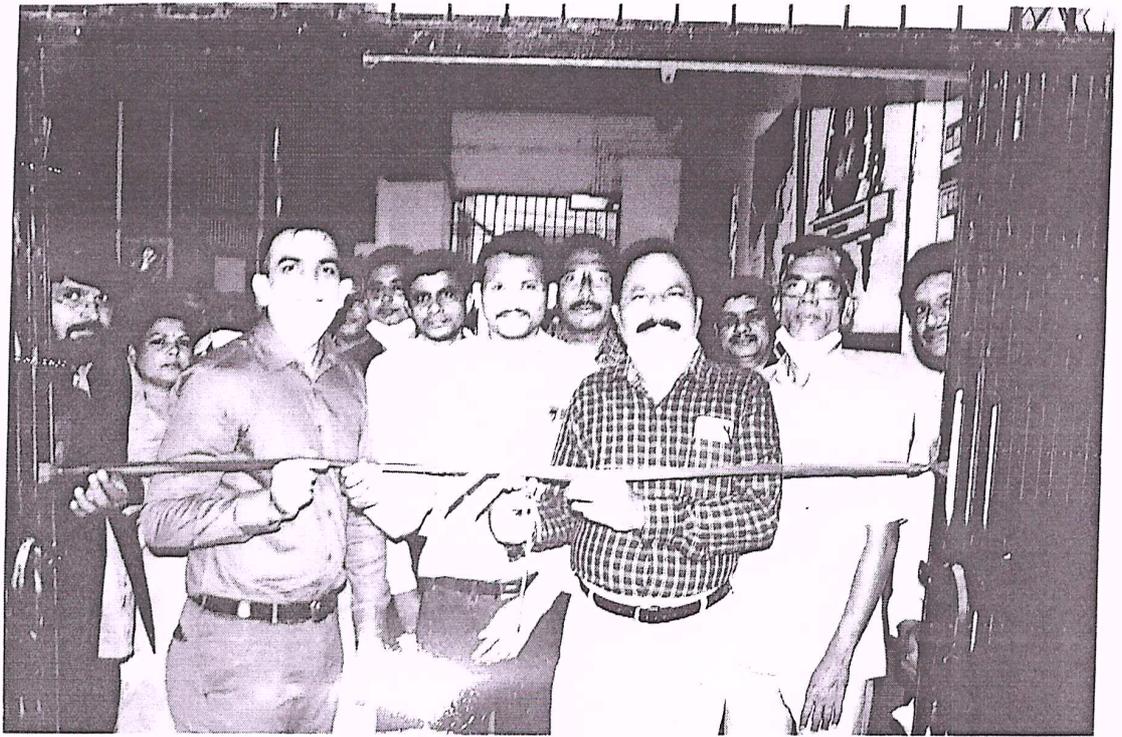
(Pl. maintain record of activity reflecting it in minutes of departmental meetings, action plan of Department, Department Calendar and action taken report)

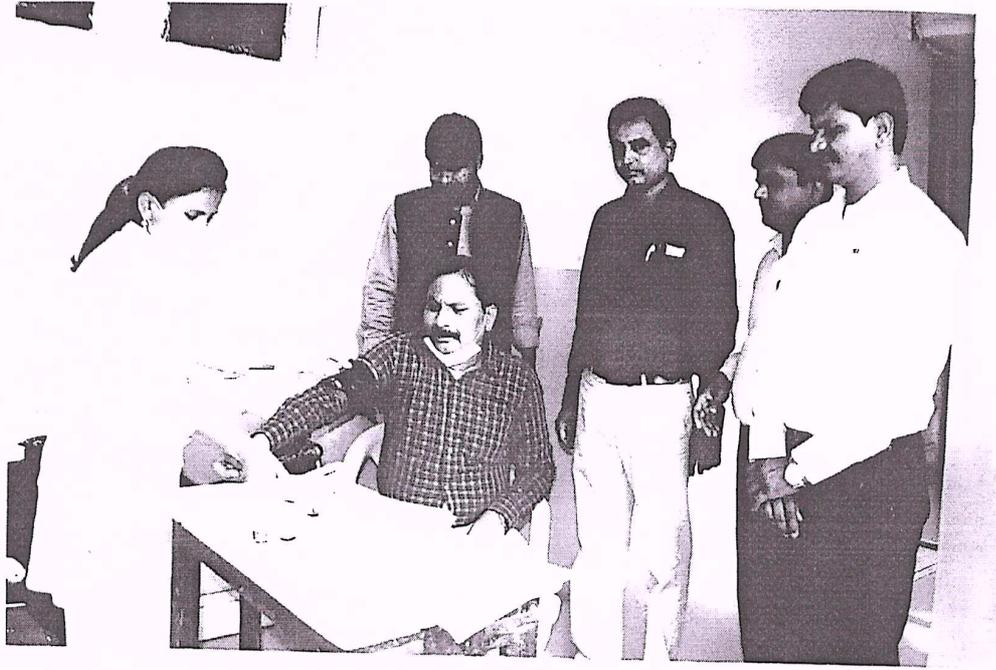

Activity co-ordinator
Dr. Purni Parmeshwar


HEAD
DEPT. OF PSYCHOLOGY
Govt. College of Arts and Science
Aurangabad (M.S.)

Dr. Bansode S.S.







2. HEALTH CHECK UP CAMP

Nature of Activity: The NSS Committee of Government College of Arts and Science Aurangabad, organized a health check up camp in the college, in collaboration with Unicare Health Centre, Mumbai (Jeevan Urja Foundation) on 18th February 2021. The Health check up was for the benefit of the teaching and non-teaching staff. The check up was free of cost, only a few tests were charged that too at subsidized rate.

Mr. Rajesh Adhav, the organiser of the camp, Dr. Dheeraj Totawat and his team from Unicare Health Centre Mumbai reached the college at 10.30 am. The Camp began with the inauguration program, wherein the Principal of the College Dr. R. H. Satpute offered floral welcome to Dr. Dheeraj Totawat, The NSS Coordinator, Dr. Surendra Thakur welcomed the Principal, Dr. Satpute and registrar of the college, Mr. Pralhad Adhagale by offering flowers. Program officer Dr. Ravindra Patil and Dr. Suchita Bharambe welcomed Mr Rajesh Adhav and other members of the Unicare team. The NSS Committee members and student volunteers were present throughout the day for the assistance of the health committee. In all a total of 59 staff members benefitted from the Check up. Out of the total 59 staff members 23 were females and 36 were male staff members.

The following tests were conducted:

1. Oxygen Saturation by Pulse Oximeter.
2. Temperature Screening.
3. Diabetes check up.
4. Blood Pressure.
5. Doctor Consultation.
6. Personalized diet advice.
7. Yoga Guidance.
8. Nadi Parikshan.
9. Computerized full body scanning and Blood Test. (subsidized rates)

All the check ups from number 1 to 8 were free only number 9 was paid check up. The NSS Coordinator, Dr. Surendra Thakur expressed gratitude in the conclusion of the camp. The Principal, Dr. R. H. Satpute, former Joint Directors, Dr. More, Dr. Lahane and other faculty members were present.

Number of Beneficiaries:

Male: 36
Female: 23
Total: 59




PRINCIPAL
Govt. College of Arts & Science
Aurangabad



शासकीय ज्ञान विज्ञान महाविद्यालय, औरंगाबाद,
गृहविज्ञान विभाग

दयानंद आर्य कन्या महाविद्यालय, जरीपटका, नागपुर
आणि

बी. एल. अमलानी कॉलेज ऑफ कॉमर्स एंड इकोनॉमिक्स,
विले पारले, मुंबई

यांच्या संयुक्त विद्यमाने आयोजित
एक दिवसीय राज्यस्तरीय ई-परिषद

“विविध वयोगटासाठी पोषण व प्रतिकारक्षमता बाबत मार्गदर्शन”

शनिवार, दि. 20 जून 2020, सकाळी 11.00 वाजता

प्रमुख वक्ते



डॉ. मंजूषा मोळवणे

सहयोगी प्राध्यापक

शासकीय ज्ञान विज्ञान महाविद्यालय, औरंगाबाद,
(माजी सहसंचालक उ.शि.व उपसचिव
राज्य महिला आयोग)



डॉ. वैशाली धनविजय

सहाय्यक प्राध्यापक, गृहविज्ञान विभाग
संत गाडगेबाबा अमरावती विद्यापीठ,
अमरावती

आयोजक



डॉ. रोहिणी कुलकर्णी (पांढरे)
प्राचार्या
शासकीय ज्ञान विज्ञान महाविद्यालय,
औरंगाबाद,



डॉ. श्रध्दा अनिलकुमार
प्राचार्या
दयानंद आर्य कन्या महाविद्यालय,
नागपुर



डॉ. जितेंद्र अहिरकर
प्राचार्य
बी.एल.अमलानी कॉलेज,
मुंबई

समन्वयक



प्रा. संजीवनी गोडसे
विभाग प्रमुख, गृहविज्ञान
शासकीय ज्ञान विज्ञान महाविद्यालय,
औरंगाबाद,



प्रा. परिणीता हरकरे
विभाग प्रमुख, गृहअर्थशास्त्र
दयानंद आर्य कन्या महाविद्यालय,
नागपुर



डॉ. सुजाता साखरे
गृहअर्थशास्त्र विभाग
दयानंद आर्य कन्या महाविद्यालय,
नागपुर



IQAC

ACTIVITY REPORT

- 1) Title of Activity : One day workshop for digital literacy in women
- 2) Nature of Activity : Digital Literacy Workshop
Co-Curricular (supporting to academics)
- 3) Name of the Department Committee : Sanskrit, Sociology, Psychology
- 4) Activity Co-ordinator / in Charge : Dr. Pankaja Madhav Waghmare
- 5) Objective of Activity :
 1. To educate women about the use of smartphones and digital platforms.
- 6) Is the activity planned at the beginning of the session ? No.
- C. If yes, is it mentioned in the departmental calendar of current academic year ?

7. Brief description about activity Conducted : Detail report attached
8. Resources used for activity (Economic / non economic) : Economic
9. Output of the activity : Trained 320 women how to use 5 phone applications which are useful to them.
10. Feedback : Has been taken through forms
11. Total No. of students participated : 320
12. Total No. of girl's students participated : 320

Total No. of females involved in the organization of activity : 22

13. Problem encountered : nil

(PI submit list of students, photographs, letters related with activity (if any) in soft and hard copy while submission)

(PI maintain record of activity reflecting it in minutes of dept. meetings, action plan of the department, dept, calendar and action report)

Government College of Arts & Science, Aurangabad

Name & Signature
Activity Co-Ordinator

Name & Signature
HOD/ In Charge of the Committee



A handwritten signature in black ink, written in a cursive style. The signature is positioned above the official stamp of the HOD/In Charge of the Committee.

GOVT. COLLEGE OF ARTS & SCIENCE
AURANGABAD



महाराष्ट्र राज्य महिला आयोग, मुंबई
पुरस्कृत



शासकीय ज्ञान विज्ञान महाविद्यालय, औरंगाबाद
(नेक 'अ' दर्जा प्राप्त)

महिलांसाठी डिजिटल साक्षरता प्रशिक्षण

एक दिवसीय राज्यस्तरीय कार्यशाळा

दिनांक : २७ डिसेंबर २०१९

उद्घाटन : ११:०० वा.

स्थळ : हार्मनी हॉल

मा.डॉ.विजया रहाटकर

अध्यक्ष, महाराष्ट्र राज्य महिला आयोग, मुंबई
यांच्या मार्गदर्शनाने संपन्न होणाऱ्या कार्यशाळेचे

प्रमुख अतिथी आणि उद्घाटक

मा.डॉ.श्री.प्रमोद येवले

कुलगुरु, डॉ.बाबासाहेब आंबेडकर मराठवाडा विद्यापीठ, औरंगाबाद

अध्यक्ष

मा.डॉ.श्री.धनराज माने

संचालक, उच्च शिक्षण विभाग, महाराष्ट्र राज्य, पुणे-१

विशेष उपस्थिती

मा.डॉ.डी.डी.गायकवाड

सहसंचालक, उच्च व तंत्र शिक्षण,
औरंगाबाद विभाग, औरंगाबाद

मा.श्री.अनिल येवले

प्रशिक्षक,

महाराष्ट्र राज्य महिला आयोग, मुंबई

मा.डॉ.मंजूषा भोळवणे

उपसचिव,

महाराष्ट्र राज्य महिला आयोग, मुंबई

श्रीमती गयाताई कराड

सदस्य (मराठवाडा)

महाराष्ट्र राज्य महिला आयोग, मुंबई

दिनीत

डॉ.रोहिणी कुलकर्णी-पांढरे

प्राचार्य, शासकीय ज्ञान विज्ञान महाविद्यालय, औरंगाबाद

डॉ.पंकजा माधव वाघमारे

(समन्वयक)

डॉ.सुरेंद्र ठाकुर

(सह - समन्वयक)

प्रा.वैशाली शौळके

(कोषाध्यक्ष)



टीप :- कार्यशाळेला उपस्थित राहणाऱ्या प्रशिक्षणार्थींनी स्मार्टफोन सोबत आणणे आवश्यक आहे.

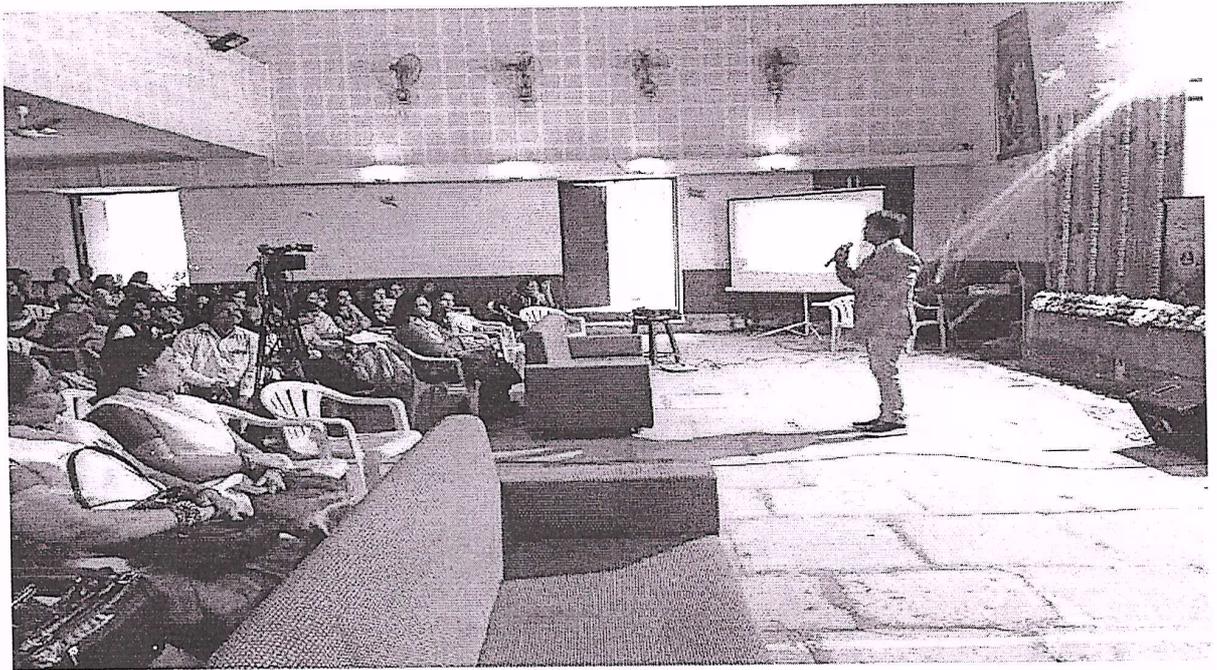


Digital literacy Workshop for Woman



Digital literacy Workshop for Woman (30/12/2018)





Digital literacy Workshop for Woman



Digital literacy Workshop for Woman



Government of Maharashtra



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NAAC Reaccredited with 'A' Grade (2016)

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Skits and lecture on gender equity (24 to 30/12/2019) NSS unit of Government Arts & Science College Aurangabad planed a skit & lecture related to gender equity. Eight students participated and planned a story which focuses on gender discrimination. After that skit & lecture was delivered regarding the same by NSS programme officer.


PRINCIPAL
Govt. College of Arts & Science
Aurangabad



Activity Report

Seminar on Health and Nutrition Awareness Co Curricular Activity

Department of Home Science

- Activity In charge – Smt S.R Godsay
- Objective of the activity :
 - a) To Conduct the co-curricular activity related to the subject Nutrition.
 - b) To create awareness about the current affairs in the sector of nutrition .
 - c) To motivate to lead healthy living style / life style
- This activity was planned at the beginning of the session and conducted as per the decided schedule.
- **About the activity :** The seminar was held on 17th December 2019 . The subject of the seminar was “Health and nutrition awareness” the guest speaker of the seminar was NihalAhemedshaikh who is wellness coach of forever living (Aurangabad) This seminar was products. Conducted for the students as well as for the department staff. Honorable speaker gave information about the inclusion of harmful chemical in our food as well as other daily used routine products .how they are dangerous to our health .afterword he gave brief knowledge to live healthy in the chemical food trend & need of nutrition in our daily life.
- It was the non economic activity
- Out put : Students as well as staff come to know about in todays world how food become toxic & un healthy due to inclusion of chemicals Awareness created about the toxic material in food . Speaker was successful in the delivering message as audience not only surprised with the given knowledge but started thinking about how to live healthy in current situation Many question & queries’ arrived from the students
- Total no of students participated are 41.




PRINCIPAL
Govt. College of Arts & Science
Aurangabad

Government College Of Arts & Science, Aurangabad

IQAC

ACTIVITY REPORT

- 1) Title of Activity & Date - Adventure Trekking for Girls, 16/08/2019
- 2) Nature of Activity – Extracurricular NCC
- 3) Name of the Department – NCC
- 4) Activity coordinator/In charge – CTO, NCC Unit, Govt. college Aurangabad
- 5) Objective of the Activity –
 1. To Conduct activity under Gender sensitization
 2. To give adventurous experience to girl cadets.
 3. To build physical strength among girls through trekking
- 6) Is this Activity planned at the beginning of the session? - NO
- 7) Brief description about activity Conducted –

NCC Girl's unit of Government Arts & Science College Aurangabad which is a unit under the 7 Maharashtra Girls Batalian decided to conduct a Rally for Women's Rights For the same, Location decided which was Goga Baba Tekadi . On 16th Augest 2019 all cadets and CTO Gathered at the college and Started the Trek sharp at 8am. For the trekking activity cadets gave slogans and salutations like Jai Hind, Bharat Mata ki jay. Which motivate and energized cadets to climb the Tekadi

Near about 5 hrs. required to complete the activity. All cadets, Staff of 7 MH Girls BN and the CTO of Govt College NCC Unit took part in the Trek and all enjoyed this activity a lot.
- 8) Output of the Activity –
 1. Successfully completed the task
 2. Girl Cadets liked the adventurous activity very much so they feel enthusiastic for next trek also .
 3. Girl Cadets came to know about their fitness and where they have to improve in case of physical fitness
- 9) Feedback –
- 10) Total no of students participated – 10 , all were girls as this is a girl unit of NCC
- 11) Problems encountered – Haven't face any problem for conducting the activity



Name & Signature
Activity Coordinator



Name & Signature
HOD/ In charge of the committee




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Eight volunteers and Programme officer Dr.Pradnyashailee Sawai attended the workshop,'Jodidarachi Viveki Niwad'organised by Maharashtra Andhashraddha Nirmulan Samiti,Aurangabad branch, Janiva Prkalp and National Service Scheme open unit affiliated to Dr.Babasaheb Ambedkar Marathwada University,Aurangabad.This workshop took place at Maulana Azad Research Centre,Majnu Hill on 14th February 2019.

Following is the list of the volunteers;

- 1.Rahul Narayan Rathod B.A II
- 2.Sagar Dagdu Nikam B.A II
- 3.Shubham Datwase B.AII




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On 03/01/2019 programme on birth anniversary of Savitribai Phule ,
First Lady teacher of India was organized by the IQAC . The thoughts on
women education were shared by few students and staff present for the
programme.




PRINCIPAL
Govt. College of Arts & Science
Aurangabad

Government College Of Arts And Science, Aurangabad

Report of the national conference 'Adolescent Girls and their Health'

Sponsored by State commission for women, Maharashtra (30-11-2018)

An interdisciplinary national conference on 'Adolescent Girls and their Health' was organized by the department of Home Science, Government College of Arts and Science, Aurangabad on **30th November 2018**. This conference was organized in collaboration with Maharashtra State Commission for Women. Chairperson of the Commission Vijayatai Rahatkar and Member Secretary of the Commission Dr. Manjusha Molawane extended great support and guidance for organizing this conference. The conference commenced with the lighting of the traditional lamps with the auspicious hands of the guests.

Principal Dr.Rohini Kulkarni-Pandhare felicitated the key note speaker Dr.Shobha Udipi, Director, Integrative Nutrition and Ayurceuticals, Medical Research Centre, Kasturba Health Society, Ville Parle, Mumbai, The Head of the department of Home Science Smt.Sanjivaneer Godsay felicitated Prof.Vishala Patnam, former Principal and Head, College of Community Science, Vasantro Naik Marathwad Krishi Vidyapeeth, Parbhani, the chief guest. Dr.Anuradha Nisal, the convener Dr.Nilima Sinha, Retd.Head, Department of Home Economics, Vasant Rao Naik Government Institute of Arts and Social Science, Nagpur resource person of the first technical session. Smt.Asha Kitke, the treasurer felicitated Dr.Smita Awachar, Professor, department of Sociology, Dr.Babasaheb Ambedkar Marathwada University, Aurangabad was resource person of the second technical session. Principal and chairperson of the inaugural session Dr.Rohini Kulkarni-Pandhare was felicitated by Sanjivaneer Godsay. Publisher, Ajanta Prakashan Vinay Hatlole was felicitated by the Principal. All the guests were felicitated by offering fruit basket, shawl and a memento. The guests released the copies of the proceeding of the conference.

Smt.Sanjivaneer Godsay spoke about the theme of the conference. In her key note address Dr.Shobha Udipi spoke about the Adolescents in India. According to her, depression is highest in India due to desire for perfection. India also has highest rate of suicide and sexual abuse. Adolescence age is most disadvantaged, neglected, vulnerable and marginalized. The development of adolescent brain is influenced by nutrition and social environment. They also face sexual health risks due to early marriage and early pregnancy. Western patterns are now emerging in India like divorce, remarriage and change in cohabitation. The main cause of teen stress is negligent parents, high expectations in academics, absurd or deprived childhood and a demand for familial responsibilities.

After the keynote address, the Principal delivered the presidential address wherein she congratulated the department for conducting the conference and



stressed on the importance of the topic of the seminar and its relevance in day to day life. Smt. Madhuri Thote expressed the vote of thanks.

Smt. Asha Kitke introduced Dr. Nilima Sinha, the resource person for the first technical session. Dr. Sinha spoke about the psychological issues during adolescence. She stated that self-concept is very important in shaping later life. Parents should identify disruptive behavior of the child. The sources of conflict between parents and adolescents are conflict over friends, clothes, where to go, chosen activities, changing goals, use of internet and cell phones etc. Adolescents want to be heard, communication should be positive and encouraging. Parents should be careful about judgemental words. The resource person for the second technical session was Dr. Shobha Udipi. She explained the theme 'Adolescents are second window of opportunity. According to statistics, there are 250 million adolescents in India. Malnutrition is responsible for various physical disorders like stunted growth, anemia and menorrhagia etc. Smt. Asha Kitke expressed the vote of thanks for this session.

The resource person for post lunch and third technical session was Dr. Smita Awachar. She was introduced by Dr. Archana Choudhari. The topic of her presentation was 'Adolescent girls and social environment'. She stated that the first environment available to child is the mother's womb, next is the school environment. But unfortunately, healthy social environment is not always found in schools, colleges and other educational institutions. This results in social immaturity. It was a brain storming session. The chief guest of the valedictory function was Prasad Mirkale, deputy CEO, Women and Child welfare department, Aurangabad municipal corporation. In his speech he shared his experiences regarding the work of the department regarding adolescents and women welfare. The guest speaker of the valedictory function was Prof. Vishala Patnam. She was introduced by Smt. Surekha Bhavsar. Dr. Vishala Patnam stated that in every body there is an enemy within. In the first fourteen years of life a blue print is prepared which shows what type of adult a child will become. She elaborately spoke about the development of adolescents with the help of many examples. After her speech Smt. Godsay gave the summary of the conference. They also congratulated the team for publishing the proceedings well in advance. The conference concluded with the vote of thanks proposed by Dr. Anuradha Nisal.



Principal

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Government College of Arts & Science, Aurangabad

National conference sponsored by State commission for women, Maharashtra on Adolescent Girls and Their Health held on 30-11-2018



Inauguration by Dr.Sinha,Nagpur



Dr.Sinha delivering inaugural speech



Dr.Vishala Patnam orienting on Community Services



Dr.Smita Avchar speaking in Valedictory function



Publication of Research Papers volume on the conference Theme



Government of Maharashtra



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2331476

Website: www.gasca.ac.in

Report on Interdisciplinary National Conference on Gender Sensitization and its awareness sponsored by State commission for women, Maharashtra (17-3-2018)

National interdisciplinary conference on gender sensitization and its awareness. National conference was organised by Government College of Arts and Science on 17th March 2018. Venue of the conference was Maulana Azad research centre, Aurangabad. The conference was funded by State commission for women Maharashtra. The response to the conference was very positive. 250 persons registered for the conference. Research papers were invited by the experts in various fields .105 research papers were published.

Conference was inaugurated by honourable Mr. Haribhau Bagde speaker, Maharashtra state assembly. Vijay Rahatkar chairman, Maharashtra state women's commission, Rohini Kulkarni principal of Government College of Arts and Science. Program officer Dr. D.D. Gaikwad , Dr Archana Chapolikar and Dr. Laxman Mhaske actively organised this conference. In the inaugural function, Mr Haribhau Bagade said that the women should be like Rani Lakshmi Bai . She was brave and powerful. She should be back bone for the future generation.

There were two technical sessions in the conference. Dr. Milind Chauhan and Mrs. Anita pagare gave guest lectures in the first technical session. In the second technical session, paper and poster presentations were arranged. For this event judges were Dr. Dilip khairnar and Dr Pratibha Ahire. Prizes were given for the best paper to the students. Gargi Patil got first prize and Shivani Kotre got second prize for paper writing and presentation on gender awareness. Cultural event was organised by Marathi shaheer Meera Umap. She presented Bharud on women. empowmernt.

For the valedictory function Dr. T.R. Patil, NSS coordinator of Dr Babasaheb Ambedkar Marathwada University Aurangabad was the chief guest. Congratulated the team. NSS program officer doctor DD Gaikwad Dr Archana and the NSS committee members Mrs Suchita Bharambe, Trupti sapkale, Mr.Yogesh Malche , Avinash shastrakar took efforts in the organisation of conference. Research paper their published during the conference in the journal.

Programme Officer

NSS



Principāl'

Government College Of Arts & Science, Aurangabad

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Govt. College of Arts & Science
Aurangabad

Inauguration of National conference on Gender sensitization and its awareness

By Mr. Haribhau Bagde, Speaker, Maharashtra State Assembly



Chief Guest Mrs. Vijaya Rahatkar, Chairman State women commission Maharashtra



Publication of research Paers Volume in the conference



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- 1) Title of Activity & Date - Rally for women's Right Day , 10/12/2017
- 2) Nature of Activity – Extracurricular NCC
- 3) Name of the Department – NCC
- 4) Activity coordinator/In charge – CTO, NCC Unit, Govt. college Aurangabad
- 5) Objective of the Activity –
 1. To Conduct activity under Gender sensitization
 2. To inculcate sense of equality among cadets
 3. To create awareness about women's rights among cadets & People.
- 6) Is this Activity planned at the beginning of the session? - NO
- 7) Brief description about activity Conducted –

NCC Girl's unit of Government Arts & Science College Aurangabad which is a unit under the 7 Maharashtra Girls Bataliyan decided to conduct a Rally for Women's Rights

For the same Road map for the rally decided that is from Govt College to TV center Aurangabad. On 10th December 2017 all cadets and CTO Gathered at the college and Started the Rally sharp at 8am. For the rally cadets gave slogans based on women's rights

Near about 2 hrs. required to complete the activity. All cadets, Staff of 7 MH Girls BN and the CTO of GovtCollege NCC Unit took part in the rally and all enjoyed this activity a lot.
- 8) Output of the Activity –
 1. Successfully completed the task
 2. Girl Cadets also get knowledge about women's rights.
 3. Girl Cadets get motivated to do activates which was helpful to create awareness among people
- 9) Total no of students participated – 20 , all were girls as this is a girl unit of NCC
- 10) Problems encountered – Haven't face any problem for conducting the activity

Name & Signature

Activity Coordinator

Name & Signature

HOD/ In charge of the committee

Praehi S. Gizo

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Workshop on 'Mental Stress and coping strategy' Organized by dept of psychology on 12/09/2017. Dr. Anagha Patil-Head, Head, Dept. of psychology vivekanand college, Aurangabad and Aparna Ashtaputre, Head, Dept. of psychology, Dr. B.A.M.U. Aurangabad are the resource persons of this workshop.




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**DEPARTMENT OF PSYCHOLOGY,
GOVERNMENT COLLEGE OF ARTS & SCIENCE, AURANGABAD.**

REPORT

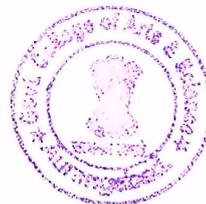
OF

(2017 - 2018)

THE WORKSHOP ON MENTAL STRESS AND COPING STRATEGY

It is giving immense pleasure to me to submit this report of the workshop organized by the department of psychology. As per the Principal's suggestions members of the department of psychology have decided to organize a workshop on stress management, it was thoroughly discussed and finally it was structure as "Mental stress and Coping Strategy". This workshop was organized without any financial assistance from the college or any other agency, and was fully self-funded. All the organizational requirements of the workshop including printing material, files, pens, snacks & tea etc to the participants were met from the registration fees. P.G. & Research students were selected as a target group of participants; registration fee was kept equal to minimum cost of material. Registration of the participation was first done through telephonic communication and finalized on the spot. Workshop has got huge response of the participants. The spot registration reached to ninety participants. Under graduate, post graduate & research students as well as research guides, teaching staff from various faculties coming from all districts of Maharashtra were included in the participants.

On the 12th of September 2017 workshop was inaugurated by Hon. Principal Madam Dr. Kumud Gore-Kherdekar. The workshop was conducted very impressively, effectively & successfully by Dr. Pushpa Bhagyawant-Utkar and two resource persons these are 1) Dr. Anagha Patil- Head, Department of Psychology, Vivekanand College, Aurangabad 2) Dr. Aparna Ashtaputre- Head, Department of Psychology, Dr. Babasaheb Ambedkar Marathwada University Aurangabad.



(Signature)
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Dr. Pushpa Bhagyawant-Utkar, Smt. N. N. Lad, Miss. V. K. Shelke and Dr. R. S. Kale, Miss Soni Lokhande, and Mrs. Sita Gorade handled the responsibilities of registration and other aspects of workshop very systematically. Students of the department voluntarily shared different responsibilities to make it successful.

Analysis of Feedback:

In feedback form there are four categories of responses from participants these are poor, satisfactory, good, and excellent. Eighty six participants had given the feedback for workshop. Analysis of feedback forms shows the following results:

Response category	Poor	Satisfactory	Good	Excellent
No. of participants	00	01	33	52
Percentage (%)	00	1.16	38.37	60.46

Dr. Pushpa Bhagyawant-Utkar
Head, Department of Psychology,
Government College of Arts and Science
Aurangabad


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Home science Department organized a special lecture on 'Importance of pigment content of fruits and vegetables for Healthy Life' in 'Nutrition week' 01 to 07/09/2017. Staff and students were present for the programme.




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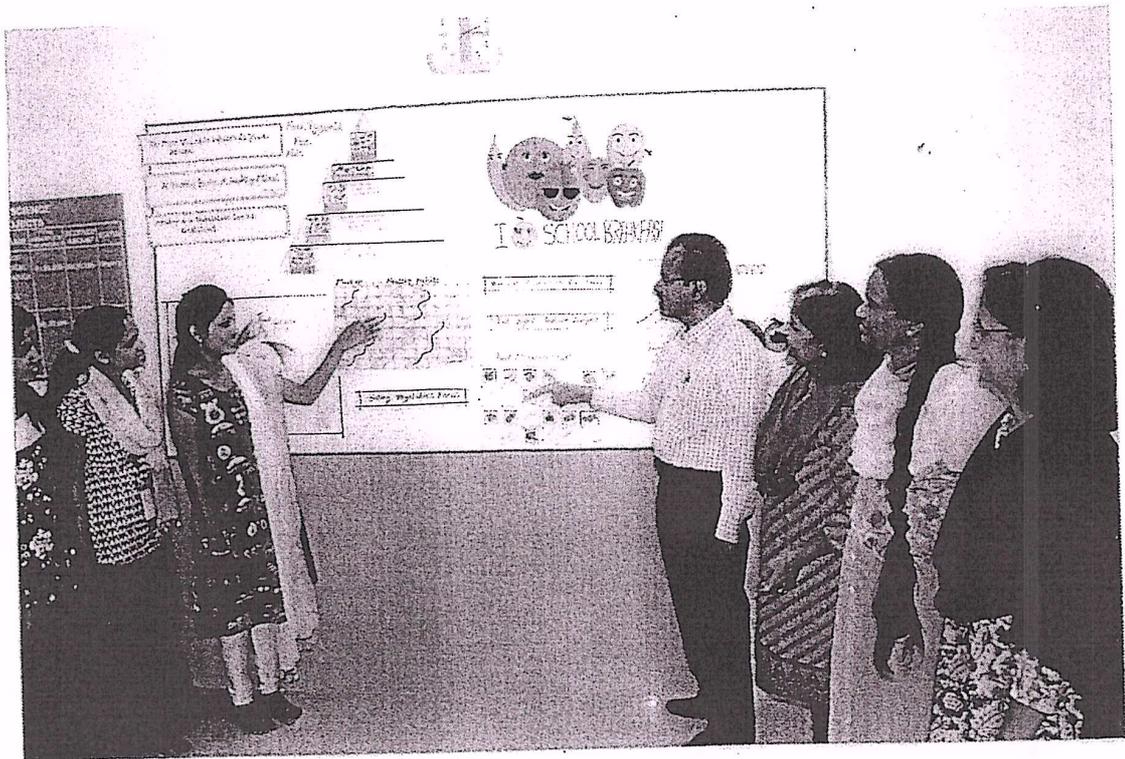
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Home science Department organized a Health camp in 'Nutrition week' 01 to 07/09/2017 for staff and students in collaboration with Kasture Pathology Laboratory, Aurangabad. Blood pressure, Height, Weight and CBC count of the participants, were counted.




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Aurangabad



National Nutrition Week 2018-19

1st - 7th Sept
2018

